

VISIT OUR 1st FLOOR
KIOSK FOR
GRAB-N-GO ITEMS!

NUTRITION CARE DIVISION
GENERAL LEONARD WOOD ARMY COMMUNITY HOSPITAL
OUR DAILY SPECIALTIES

WEEK 2

18 Nov 2015 0730

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	SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<i>GREAT BEGINNINGS</i> BREAKFAST MENU MON - FRI 0600-0900 WKND&S & HOLIDAYS 0700-1000 FEATURING: OMELETS MADE TO ORDER MADE FRESH DAILY	6-Dec-2015	7-Dec-2015	8-Dec-2015	9-Dec-2015	10-Dec-2015	11-Dec-2015	12-Dec-2015
	Fresh Fruit, Fruit Juices (V) Oatmeal/Grits (V)	Biscuit Rolls Oatmeal/Grits (V)	Breakfast Burrito Oatmeal/Grits (V)	Breakfast Sandwich Oatmeal/Grits (V)	Breakfast Burrito Oatmeal/Grits (V)	Breakfast Sandwich Oatmeal/Grits (V)	Fresh Fruit, Fruit Juices (V) Oatmeal/Grits (V)
	French Toast (V) Hash Brown Patties	Pancakes (V) O'Brien Potatoes	Waffles (V) Hash Brown Patties	French Toast (V) O'Brien Potatoes	Pancakes (V) Hash Brown Casserole	Waffles (V) Shredded Hash Browns	French Toast (V) Hash Brown Patties
	Eggs/Omelets to Order Bacon/Sausage	Bacon/Sausage Turkey Links	Bacon/Sausage Grilled Pork chop	Bacon/Sausage Corned Beef Hash	Bacon/Sausage Turkey Links	Bacon/Sausage Chicken Fried Steak	Eggs/Omelets to Order Bacon/Sausage
	Sausage Gravy/Biscuits	Sausage Gravy/Biscuits	Sausage Gravy/Biscuits	Sausage Gravy/Biscuits	Sausage Gravy/Biscuits	Sausage Gravy/Biscuits	Sausage Gravy/Biscuits
Christmas Special Meal							
PANINI OF THE DAY	Soup of the Day	Philly Cheesesteak	Chili	Reuben Panini	Roasted Steamship Round	Catfish Po Boy	Soup of the Day
SOUPS	Baked Ham	Chili	GLWACH Tortilla Soup	Chili	Golden Roasted Turkey/gravy	Chili	Blackened Tilapia
MID-DAY FARE LUNCH MENU	Scalloped potatoes Macaroni and Cheese	Italian Wedding Soup Meat Lasagna	Beef/ Chicken /Fish Tacos Pollo con Cilantro	French Onion Soup Pepper Steak	Honey Glazed Pineapple Ham Grilled Salmon/ Mango Salsa	Tomato Basil Soup Meatloaf	Country Fried Pork Steak w/ Pepper Gravy
MON - FRI 1100-1400 WKND&S & HOLIDAYS 1000-1400	Grilled Zucchini (V) Home-style Dinner Rolls	Vegetable Lasagna (V) Tuscan Herbed Fish	Pork PERNIL Mexican Rice	Lemon Pepper Catfish WING WEDNESDAY	Season Roasted Red Potatoes Savory Baked Dressing	Blackened Catfish Fried Catfish	Mashed Potatoes Mixed Vegetables (V)
FEATURING: FRESH GRILLED ITEMS WRAPS & DELI SANDWICHES Try our Vegetarian (V) Options!	Dessert of the Day	Breaded Veal Parmesan Breaded Mushrooms (V) Normandy Vegetables (V) Grilled Brussel Sprouts (V) Garlic Bread French Silk Pie/Parfait	Ranchero Beans (V) Sonoma Vegetables Mexican Corn (V) Taquitos German Chocolate Cake/Parfait	Mashed Potatoes (V) Wild Rice (V) Grilled Zucchini Garlic Green Beans (V) Home-style Dinner Roll Carrot Cake /Parfait	Mashed Potatoes Seasoned Green Beans Broccoli and Carrot Blend Carrot Soufflé French Onion Soup New England Clam Chowder Dinner Rolls Assorted Desserts	Smoked BBQ Beef Brisket Mash Potato Hash Brown Casserole (V) Winter Blend Vegetables (V) Okra w/ Stewed Tomatoes (V) Cheddar Baked Biscuits	Home-style Dinner Rolls Dessert of the Day
		BAKED POT/SWT POT BAR	BURRITO BOWL BAR	BAKED POT/SWT POT BAR		SUNDAE BAR	
DINNER DISHES EVENING MENU MON - FRI 1600-1800 WKND&S & HOLIDAYS 1530-1730	WEEKEND MENU	Hot Specialty Soup & Chili Sausage & Peppers Oven Roasted Potatoes (V) Stewed Tomatoes w/ Zucchini (V) Normandy Vegetables (V)	Hot Specialty Soup & Chili Swiss Steak w/ Onions Mashed Potatoes (V) Sonoma Vegetables Broccoli Spears (V)	Hot Specialty Soup & Chili Savory Baked Chicken Au Gratin Potatoes (V) Garlic Green Vegetables (V) Bermuda Vegetables (V)	Hot Specialty Soup & Chili Potato Crusted Tilapia Couscous (V) Normandy Vegetables (V) Glazed Carrots (V)	Hot Specialty Soup & Chili Oven Baked Pork chops Garden Rice Fire Roasted Apples Grilled Brussel Sprouts (V)	WEEKEND MENU
FEATURING: FRESH GRILLED ITEMS SALADS & DELI SANDWICHES		Mixed Vegetables (V) Dessert of the Day	Wheat Dinner Roll German Chocolate Cake	Home-style Dinner Roll Carrot Cake	Wheat Dinner Roll Apple Pie	Baking Powder Biscuits	